


This week's preparation for First Communion



1. This Sunday is yet another feast day, **The Feast of the Most Holy Trinity or Trinity Sunday**. Do you know what trinity means? There is a hint in the first few letters of the word. Maybe you have heard of a tricycle... a bike with 3 wheels so yes you have guessed: tri means 3 and on Trinity Sunday we celebrate God in his 3 persons; God the Father, God the Son and God the Holy Spirit. Can you think of a prayer which mentions the trinity i.e. God the Father, God the Son (Jesus) and God the Holy Spirit? (See next page for answers) 
2. Read the Gospel story for Trinity Sunday on the next page and pray one of the prayers to the Trinity.
3. The word Gospel means 'good news' and the good news this week is that God loves the world and everyone in it. He loves us so much, he sent his Son to live with us. The heart is usually thought to be a symbol (or sign) of love. **Draw a large heart** and inside the heart write in all the words you can think of that tell you what love is like, e.g. kindness, sharing, hugging, etc. **Or draw a picture of the beautiful world** which God has created and put into the picture, some or all of the things that you love 😊

The Gospel Story for Trinity Sunday:

A Reading from the Holy Gospel according to John

Jesus told one of his friends, a man called Nicodemus: “God loved the people of this world so much that he gave his only Son, so that everyone who has faith in him will have eternal life and never die. God did not send his Son into the world to condemn its people. He sent him to save them!”

The word of the Lord.

Some Prayers to the Trinity



The Sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen

The Glory

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen

The Apostles' Creed

I believe in God, the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. AMEN.

