



Resources for Lent:

The internet is full of all sorts of websites with beautiful prayer resources, reflections, music, retreats, etc. We are really spoiled for choice with we just know where to go! So here are just a few to start you off, some are specifically for Lent, others are providing something special for Lent but also provide beautiful resources year round.....



The **Sacred Space** prayer website offers a short daily reflective prayer, year round at <https://www.sacredspace.ie/> In addition during this season of Lent, Sacred Space is offering an online retreat, entitled 'Growing Back Better' which will be led by well-known Ignatian spirituality author, Margaret Silf. A different session is made available each week, beginning on Ash Wednesday, so you can start any stage. Sacred Space also has a section entitled '**Living Space**' with commentary on the scripture readings of the day which includes the historic context. See <https://livingspace.sacredspace.ie/>

Pray as You Go is a daily prayer of about 10 minutes, consisting of music, reflection and the scripture reading of the day. The website has some other prayer resources too! Go to: <https://pray-as-you-go.org>



The **Dublin Archdiocese** is offering an impressive compilation of initiatives for celebrating Lent at <https://www.dublindiocese.ie/lent-2021/> These initiatives range from meditation to bible study, Lectio Divina, a book club, resources for praying at home, talks, prayer services and family resources including:



- **Acts of Love for Lent** is from Bonnybrook Parish, an idea a day for the 40 days starting on Ash Wednesday. They invite us join with them with the following

message: Our lives will not be measured by the big things we do but rather by the little steps we take to make a difference. Each day during Lent take a step with us and together we will change the world.

- **Let's Live Lent : Bringing the Lenten Gospels to Life** – a series of 'pastoral conversations' each Tuesday evening at 8pm for 5 weeks, commencing Tuesday 16th Feb. Email lisia.cashen@dublindiocese.ie to book a place.
- **Lent on Line** - Short personal reflection from people around the Archdiocese shared each morning at 8am on different social media platforms (Facebook, YouTube and Twitter). If you would like to be involved, contact Diocesan Pastoral Worker christina.malone@dublindiocese.ie or 0857162152
- **What's up for Lent** - Receive a daily message on your phone to aid your reflection and journey during Lent. If you would like to register, contact Christina Malone, Diocesan Pastoral Worker on 0857162152

Knock Shrine has launched a series of online discussions entitled 'Living the Christian Faith' at 8.30pm every Thursday of Lent, at www.knockshrine.ie/watch-live

A different theme will be addressed each week with guest speakers discussing some of the important questions we all face in living out our faith. Speakers include many younger people discussing how their faith impacts their lives and work. More information at:

<https://www.knockshrine.ie/living-christian-faith-lenten-talks-online/>



The **Loyola Press**, a Jesuit publishing house, produces beautiful resources, including resources for this season.

See: <https://www.loyolapress.com/catholic-resources/liturgical-year/lent/arts-and-faith-for-lent/>

Their **ARTS AND FAITH** section has a prayerful reflection on a painting which reflects the Gospel of each of the Sundays of Lent. Go to:

<https://www.loyolapress.com/catholic-resources/liturgical-year/lent/arts-and-faith-for-lent/> and click on Cycle B – Lent 2021

And **Loyola Press** also has a daily reflection which can be emailed to you, see:

<https://www.loyolapress.com/catholic-resources/liturgical-year/lent/arts-and-faith-for-lent/>

LOYOLA
PRESS.



For something completely different, watch **The Chosen**, an independently-made TV series on the life of Jesus which grew out of a short film about Christmas made by the director, Dallas Jenkins, for his local church in Illinois in 2017. The success of that film has led Dallas to crowd-fund this TV series about Jesus. You can read about the story behind it and watch a trailer of it here:

<https://studios.vidangel.com/the-chosen>

The Chosen are currently filming the 2nd season but the first season of 8 episodes is available to view on Youtube as well as through the Vidangel website. Here's a link to episode one which you can watch directly on Youtube

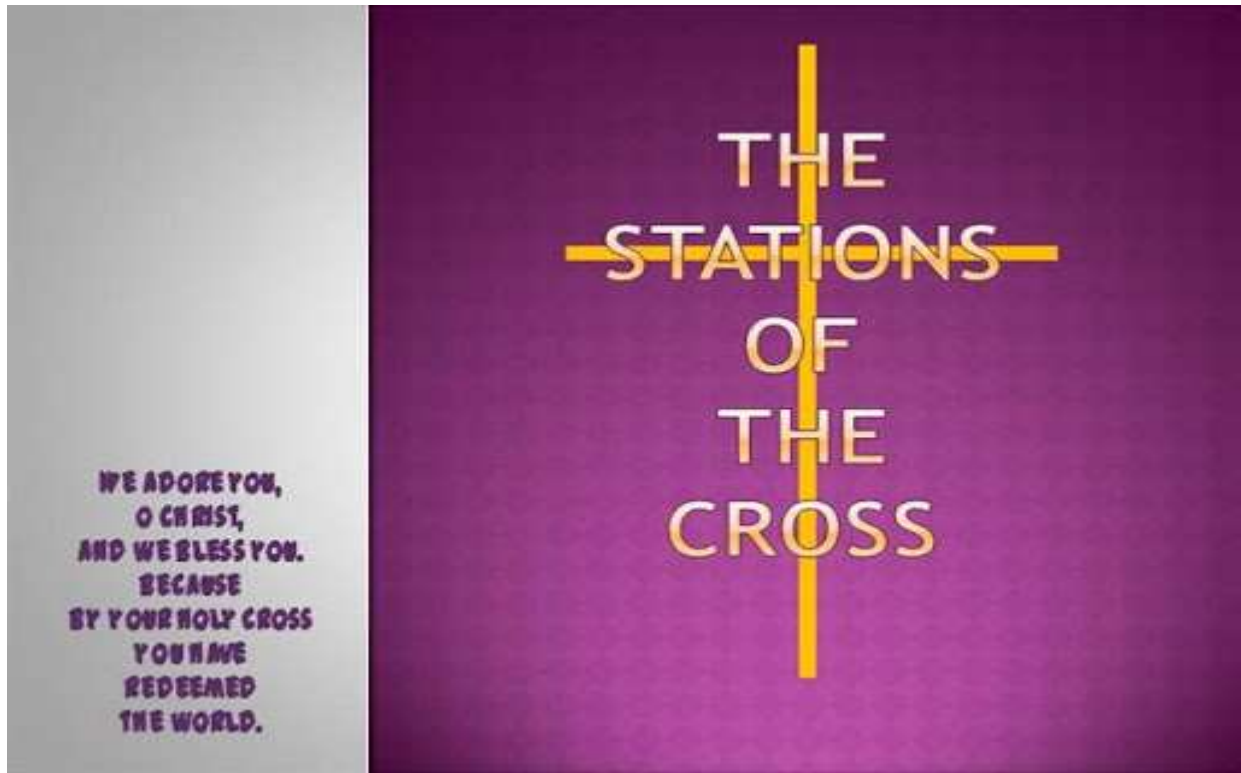
<https://www.youtube.com/watch?v=craeyJdrCsE>



The **Word on Fire Institute**, an initiative of Bishop Robert Barron of the Los Angeles Diocese, has a wide range of high quality resources, courses, at <https://www.wordonfire.org> including a homily for each Sunday and a daily reflection based on the scripture reading.

Closer to home but staying with the Jesuits, **Manresa Retreat Centre** has resources, including a number of retreats & reflections, at: <https://www.manresa.ie/>





The **Stations of the Cross** are a traditional prayer of Lent. The Diocese of Kildare and Leighlin are presenting the Stations in a very contemporary way with reflections from people affected by Covid. 3 Stations are being released on Friday of each week of Lent. The first 3 stations feature a member of An Garda Siochana, a couple who contracted Covid and a student who missed sitting the Leaving Certificate. They are available at: <https://www.kandle.ie/stationsofthecrosslent2021/>