

## Corpus Christi

This Sunday, we celebrate yet another special feast in the life of the church, **The Feast of Corpus Christi (The Body & Blood of Jesus)**. This is a very very special feast for children preparing for First Holy Communion as they get ready to receive Jesus for the very first time. Jesus is waiting for all of us who have made our First Communion, at every Mass, waiting to give himself to us completely with all his love and to change us!

As we know, the bread and wine which we offer to God at Mass are transformed or changed into the body and blood of Jesus, the same Jesus who died on the cross for us and rose from the dead. When we go to communion and the priest or the Minister of the Eucharist offers us communion, they say: ‘The body of Christ’ and we say ‘Amen’. That amen is us saying ‘yes’ we agree that Holy Communion is Christ’s body but we are also saying that when we receive it, we are becoming part of Jesus’ body and are agreeing to do his work on earth. A famous saint, St Teresa, once said that Christ has no body now on earth but ours; we are his hands and feet now and we need to use them to do good!

