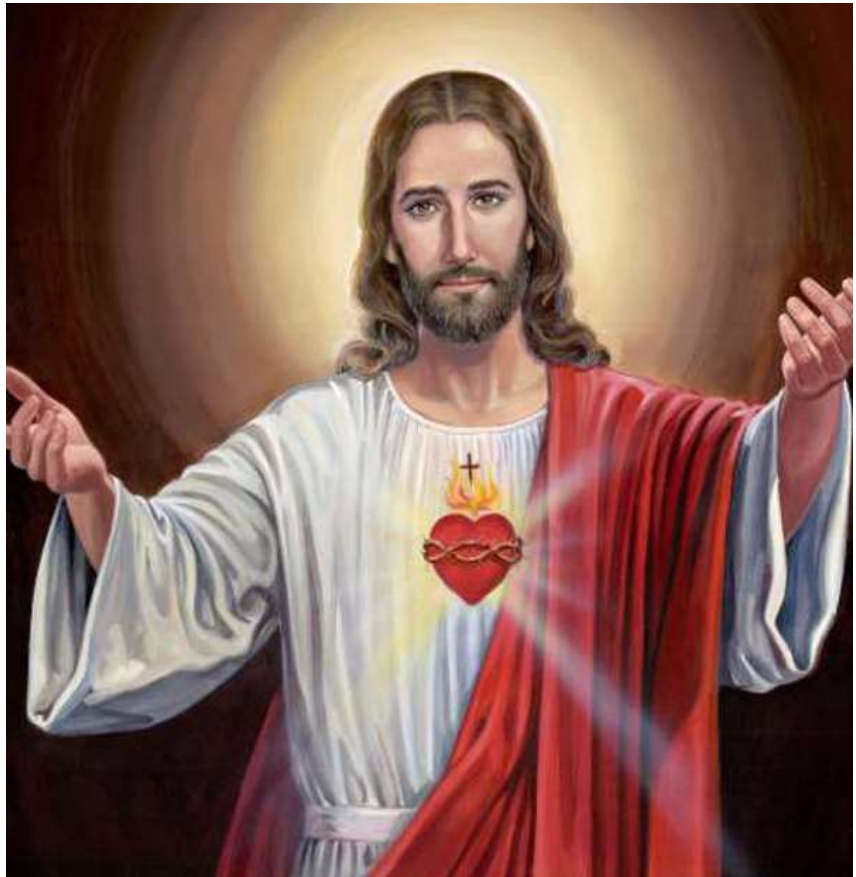


A Heart Filled with Love

The month of June is a time for remembering **The Sacred Heart of Jesus**, a time to remember that Jesus' heart is filled to bursting with love for each one of us.

We know that God loves us hugely because he sent his only son into the world to live as an ordinary person. He was born a poor baby and his first bed was a cow's feeding trough, even though he was God. Throughout his whole life he showed his love for others through his work of healing, his miracles and his teaching about God. Then he showed the greatest love of all for us all, when he carried his cross through the streets of Jerusalem and died on the cross. God raised him from the dead and now he continues to love us, watch over us and want the very best for us always!



In the past it was very common to have a picture of the 'Sacred Heart' in people's houses with a little light beside it, like the picture shown here, to remind people of Jesus' love for us and his presence among us. The picture usually showed Jesus' heart on fire with love for everyone and with a crown of thorns around it, showing that he suffered for us because of his great love for us. Perhaps your Granny or Grandad have the 'Sacred Heart' picture in their house or could tell you about it!

Prayer of Pope Francis which he learned from his grandmother: 'Jesus, make my heart more like yours.'