

A reading from the holy Gospel according to Mark

Jesus said to his disciples, “Let’s cross to the east side.”

So they left the crowd, and his disciples started across the lake with him in the boat. Some other boats were following along too.

Suddenly a windstorm struck the lake.

Waves started splashing into the boat, and it was about to sink.

Jesus was in the back of the boat with his head on a pillow, and he was asleep.

His disciples woke him and said,

“Teacher, don’t you care that we’re about to drown?”



Jesus got up and ordered the wind and the waves to be quiet.

The wind stopped, and everything was calm.

Jesus asked his disciples,

“Why were you afraid? Don’t you have any faith?”

Now they were more afraid than ever and said to each other,

“Who is this? Even the wind and the waves obey him!”

The Gospel of the Lord.

For you to think about: There can only be one person who can have power over the wind and waves and that is the God who created them! And when the disciples cried out to him in their fear, he answered them. That same Jesus who was with the disciples, asking them why they were afraid, is ready to help us in whatever situation we find ourselves in. What help do you need from him this week?