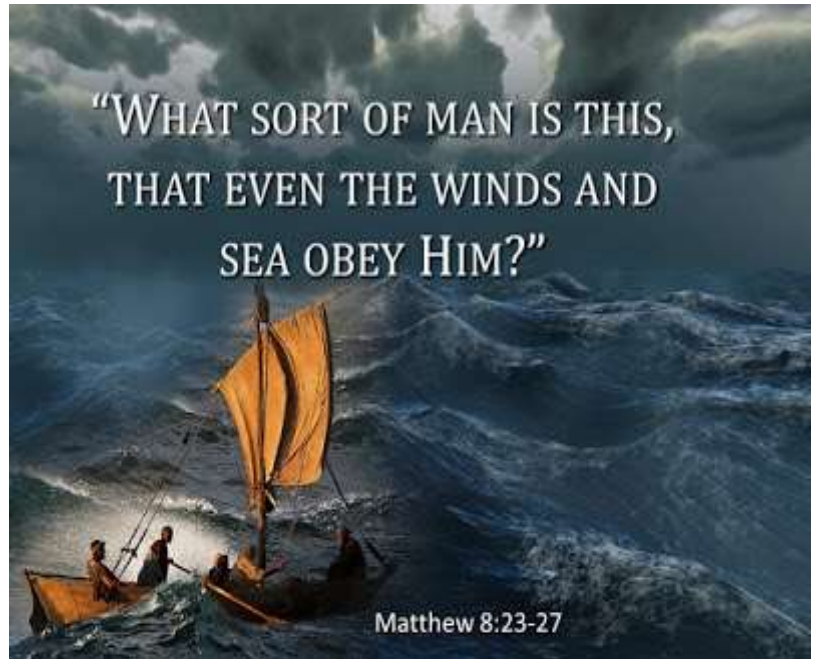


## Jesus calms the storm

Once, Jesus and his disciples were crossing the Sea of Galilee in a small boat. Now the Sea of Galilee is well known for its storms which blow up very quickly and sometimes without any warning. On this particular day, Jesus had gone to sleep in the boat when suddenly a storm came. The storm was so violent, that the waves were crashing over the side of the boat and the boat was in danger of sinking.



To the surprise of the disciples, Jesus remained asleep, seemingly totally undisturbed by the danger! When they woke him up, Jesus stood up in the boat and told the wind, rain and waves to stop. And to the total amazement of the disciples, the storm disappeared and the sea became totally calm as though it had always been like that.



Jesus asked his disciples why they had been so afraid and if they had no faith in him? The disciples were silent, wondering to themselves, who Jesus could really be, if even the wind and rain obeyed him? Of course we know that Jesus is the Son of God so of course the wind and rain which God created would obey him!

When troubles come our way or we find ourselves scared or worried, just as the disciples were that day, Jesus is there beside us – we just need to reach out and call on his help!