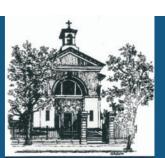


Parish of St. Vincent de Paul Marino No 3 Volume 19 Summer Issue.



The upper room; the Pentecost Experience

On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them,

"Peace be with you."

When he had said this, he showed them his hands and his side. The disciples rejoiced when they saw the Lord.

Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you."

And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit.

Whose sins you forgive are forgiven them, and whose sins you retain are retained."

John 20:19-23

Well done!

Well done to Eamon Stanley and his wife Mary, who raised €509 euros from the proceeds of a plant sale at their house in Gracepark Heights on the 29th and 30th of May last.

Both of them are enthusiastic supporters of the Hope foundation and in previous articles in our newsletter Eamon has detailed the valuable work that Hope does with the poorest of the worlds poor in Calcutta.

As enthusiastic gardeners they sacrificed many of their current crop of flowers and tomatoes and vegetable plants for this cause. As Eamon explained, the pandemic has hit many of the poorest in India hard, as we have seen from our news bulletins.

The Hope hospital which he reported on two years ago is the only beacon of hope for the street people and they are taken in regardless.

The current pandemic has hit fundraising badly but anyone who wishes to help can contact Eamon or donate directly to Hope at https://www.hopefoundation.ie

For such events as Eamon's a commercial sponsor of Hope will match a community donation, so Eamon's work is double in value to the amount raised.

Thank you to everyone for their generosity.

If you wish to help in any way you can contact Eamon or Mary at 086 4098556/01 8371894 Many of you know Eamon as the Chcolate Man, who raises funds by selling chocolate bars sponsored by Butlers.



The Lord is my shepherd; I shall not want'.

In a previous issue the editorial began with a quote from a short story, by the writer Sean O'Faoláin,

'Like a river of joy, the summer stretched before her'. This beautiful line describes the excitement of a young girl looking forward to the summer holidays.

Given the events of the past year and the ongoing events in the cyber world it is difficult to encourage anyone to be delighted with

Now that the great Ascension story has passed quietly over our heads and Pentecost Sunday is no longer that great harbinger of the Summer, we must, as followers of Christ, take heart from these days.

In the Jewish religion, this time was known as the Festival of the Fruits, in which the Jewish people celebrated life and its bounty.

For us, our fruits of this feast are the gifts of the Holy Spirit. We often tend to forget our Confirmation and those gifts which came with the Sacrament. Today, perhaps, fortitude is the one we need most, and yet wisdom is also needed. It is that gift which allows us to look out and beyond; to know that each generation is tried and tested in different ways.

Our very faith has been tested, not only through the suffering and death of loved ones, but in the constant chipping away at the value of the Christian life.

Yet perhaps we have an opportunity now to re-evaluate how the world sees us, not as people on their knees but out, delivering through our lives, the message of liberation which is so much part of the Pentecostal message. We are all Pentecostal people, and it is through how we live in this modern world that we can continue the work of the disciples.

As a prayer of hope, we should at least return to that great Psalm from the Old Testament, Psalm 23. "The Lord is my shepherd' it boldly asserts.

This psalm is not only one of comfort, but it is also one of guidance, since it sets out principles for how we must live. It was the psalm which was used in the early church to instruct catechumens in preparation for their baptism.

In the last beautiful, hopeful lines, we are told that goodness and mercy will follow us all the days of our lives. This great commitment from God tells us that His goodness and mercy are there for us all the time but most especially at the last.

As we move into Summer and into a new normal, the Feast of Pentecost reminds us that Christ has gone before us, but He has not left us orphans. He has sent the Holy Spirit to us, to give us courage in faith, all the while following us with the 'goodness and mercy' promised to us by God.

Summer Nature notes

For the last twenty years or so our city skyline has been festooned, if that is the right word, with the profile of multiple cranes etched against the sky. Since the lockdown has eased they are now mobile again moving like giant robot arms across our vision.

But in a delightful change to these, it was widely reported that a breeding pair of Cranes was spotted in a midlands bog. The bog is no longer in use and has been part of Bord na Mona's re-wetting programme which is an initiative to return cut out bogs to their original boggy

state. The great crane was part of Irish bird life up to about the 1700's when it was virtually hunted to death. At one time the Crane was kept as a pet in the larger estate houses.

Of course, many of us in our innocence used to refer to the grey heron as a crane not knowing the difference. Today from our local rivers and our canals and the bay we are very used to seeing the heron, calm and stately stalking its prey. We are also used to seeing the egret looking like the heron but white in colour.

The location of the nesting pair is kept secret to allow the birds nest and hopefully reproduce. There apparently have been some sightings in the past year or so, one near the Malahide estuary, of a young



crane.It is hoped that over time the number of cranes will grow so that they can colonise their old haunts again.

Unfortunately, our record in attempting to restore some lost bird life has not always gone to plan, due to agricultural practices or people not wishing these projects to succeed. The crane has a large wingspan, up to a metre, and is renowned for its mating rituals which are almost like ballet. The crane is monogamous, couples staying together. Today, the crane is found in Northern Europe and Asia, inhabiting large marshy areas and

swamps. It winters in North Africa and along the Nile. Let us hope that this return of the crane may be a sign of hope for the midland bogs and leading to the creation of a nature reserve for all to enjoy returning wildlife.

PSALM 22

The Lord is my shepherd;

There is nothing I shall want.

Fresh and green are the pastures where he gives me repose.

Near restful waters he leads me to revive my drooping spirit.

He guides me along the right path;

he is true to his name.

If I should walk in the valley of darkness. no evil would I fear.

You are there with your crook and your staff; with these you give me comfort. You have prepared a banquet for me in the sight of my foes.

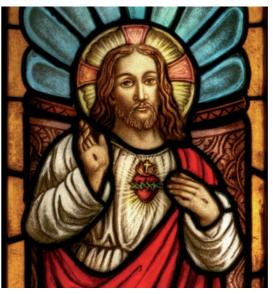
My head you have anointed with oil; my cup is overflowing.

Surely goodness and kindness shall follow me all the days of my life.

In the Lord's own house shall I dwell for ever and ever..



Flaming June?



Looking at some cookery programmes especially from the Continent, one is struck by how many kitchens have a religious artefact on the wall, perhaps a crucifix or a picture of the Sacred Heart or perhaps a local saint.

In nineteen thirty, an English travel writer recorded in his book on Ireland that in the evening while strolling through the Claddagh in Galway that over each half door one could see burning brightly a small red lamp burning before a little shrine or picture of the Sacred Heart.

Indeed, this lamp was a common feature of most houses at the time. During the campaign to encourage people to connect to the electricity grid some salesmen pointed

out the advantage of having a little electric lamp to the Sacred Heart altar, with no need for oil and it could be left on all night.

One of the extremely popular television shows, which may not be everyone's cup of tea, Mrs. Browns Boys, features a Sacred Heart picture with its little lamp. In a sense there is a nod there to the tradition and to the practices which still hold in many parts of the city and the countryside.

The devotion to the Sacred Heart originated in Burgundy in eastern France, promoted through a vision which appeared to a young woman whose is now revered as Saint Margaret Mary Alacoque. At the time, the heresy of Jansenism was rampant in France and in major parts of Europe where strict Calvinism had taken hold. This heresy portrayed God as an unforgiving and unbending Father who required only absolute obedience to all the laws as laid down. Nowhere was there room for the message which Christ came to preach, when He spoke of mercy and forgiveness and the need to care for the lost sheep.

This message to Saint Margaret Mary showed Christ with His heart open for all and it was a reminder that belief and faith also allowed God to be merciful and that forgiveness and mercy were part of what Christ had come to tell the Apostles and to preach to the world.

Today the small town of Paray-le-Monial is the centre for many pilgrims who travel to show their devotion to Christ revealed to us as One who loves us with a heart open to all. That image is the one Saint Margaret Mary Alacoque described and is still a familiar sight in some homes today.

June was the month when the Church instituted the feast of The Sacred Heart and it is a moveable feast day, depending on the timing of Whit Sunday. This year it is on June the 11th with many Churches observing the Novena at this time.

June is probably aptly called 'Flaming' when for so long it has represented to so many believers the flaming heart of love in Jesus.



In appreciation

Mrs. Mary O'Mahony

The recent death of our very good friend, and neighbour, Mary O'Mahony of Calderwood Road, is a great loss to everyone in the Calderwood area, where Mary was known and loved for so many years.

Mary was the soul of kindness to all who knew her, always ready with a listening ear, not to mention a freshly baked brown loaf, a bag of scones or a delicious apple tart. If you needed a lift, Mary was ready to oblige if she could, and accompanied the journey with a cheerful smile and a happy anecdote.

She had many interests, such as Bridge, at which she excelled, being the winner of many prestigious awards. Knitting was second nature to her, as the many beneficiaries of her needles can testify, as they pull on their cosy hats and gloves in cold weather. Last, but by no means least, was her love of gardening, which was shown in her immaculate gardens, a pleasure both to admire and sometimes to sit in. Mary was also deeply involved in all Parish activities, being a member of the Funeral Team, the Ministers of both the Eucharist and the Word, and a willing helper with any Parish activity where needed. Much appreciated by all readers of our Parish magazine was her regular Cookery Page, and the many delicious meals produced as a result. We will all miss her daily presence and send our deepest sympathy to her grieving family. May she rest in peace.

M.S.

In appreciation

Mrs. Mai Lenehan R.I.P.

We extend our deepest sympathy to Mr. Tommy Lenehan, and to his daughter Eimear, her daughters Saoirse and Sadbh, and her husband Alan on the death of Mai, a beloved wife, mother, grandmother and mother-in-law.

Tommy and Mai have been valued members of the Parish all their lives, Tommy as Sacristan and Mai involved in so many of the Parish groups.

For many years Mai was part of the Apostolic Work Society in the Parish making vestments and altar linen to send to missionaries abroad. Her skill as a seamstress was also used to make vestments for the priests of the parish. She was also a gifted artist and used her talents in the Liturgical Art group, making beautiful banners with her great colleagues Marie and Irene.

The Altar linen was a special task for Mai and one in which she took great pride and joy so that the celebration of the Eucharist would always be respected by having crisp linen to dress the altar.

Her passing has left a void not only in the lives of her loving family but to her great neighbours and friends and to to the wider Parish.



Pat on taP

We are back in Church for Holy Mass thank God, and I must say it is great to be back. I would like to give a special acknowledgement and thanks to our volunteers who look after us every morning for Mass making sure everything runs smoothly, with our many restrictions, and cleaning the church after Mass.

I unfortunately have great difficulties getting our parish website broadcast of Mass online with the result that it is so easy to lose touch with what is happening in the Parish.

One of our former contributors to the Parish Newsletter, Carmel Caulfield, passed away during the

lockdown. Carmel was a keen gardener and shared her knowledge and love of gardening in the Newsletter. She was a lovely lady; may she rest in peace.

Another long-time contributor to the Newsletter, Mary O' Mahony, has passed away more recently. Mary had a great love and knowledge of cooking and encouraged many of us to try our hand with her easy-to-follow instructions in her articles. She was a very active member of the parish; another lovely lady; may she rest in peace.

I am starting to get worried writing for the Newsletter could be a dangerous business. Perhaps I should look for danger money?

Since then, we have also lost Mai Lenahan. May she also rest in peace. Here was another great parishioner who contributed a lot of her time over the years to the parish church. She was a very gifted artist who was a leading light in the Liturgical Art group. I know there are many more parishioners who have passed away lately, but these are three that spring to mind; so, apologies if your loved one is not mentioned.

I am sitting here shivering, looking out at the rain, and thinking of the great outdoor reopening we are due this year. I hope and pray that, this summer, we will get a hot summer with our rainfalls during the night, so that we can enjoy our wining and dining outdoors. I will miss my indoor short mat bowling, and painting in our studio, with my fellow artist in the Red Stables. Unfortunately, despite the large uptake on the vaccine it does not look like we can return to indoor activities anytime soon.

The painting I am sharing this time is of "The Walled Garden "at St Anne's Park. It is acrylic on board. If you have not visited the walled gardens I would highly recommend that you do. It's just a lovely little spot in St Anne's Park. The first sunny day we have, get on your bike and pop down. Failing that you can get the 130 bus or drive down. There is a car park in the park at the Red Stables which is only a short walk from the walled gardens. Car parking is free, which is something you cannot say about many places today.

When you have finished visiting the gardens, you can take in the rose garden, and then adjourn to the Red Stables for a cup of tea and a scone, sitting out in the courtyard and hopefully enjoying our lovely summer weather. There are many other attractions in St Anne's so you could come back quite a number of times and see something different every time.

If you have any suggestions as to where to visit during our trips to the great outdoors please let us hear from you. Why not write a little article and send it to The Editor, Marino Parish Newsletter, Marino Parish Sacristy, or you could email it to me, patormar@hotmail.com, and I will forward it on.

Gardening towards June and July

June does not always live up to its reputation as flaming June, but we can get a week or two of very warm weather. In these strange times we must make the most of whatever weather comes our way.

The poet, Frances Ledwidge, a true man of the soil, has written in a delightful poem that "June is short and we must joy in it and dance and sing, And from her bounty draw her rosy worth."



And so, to serious business. Half-hardy annuals should be finished planting out by early June. Dead head your flowers and roses regularly, water and feed all plants, replacing any damaged by slugs if necessary. If you have window boxes, or other containers, or hanging baskets make sure that you water them often. It is still possible to assemble colourful hanging baskets, and pre-planted ones are still available in our local hardware shop or garden centres. Certain of your spring flowering shrubs can be pruned, cutting back on the flowering now, but check with your garden centre if you are not sure. Also, if you are a dahlia lover you can acquire some for planting out. Plants will benefit from feeding a suitable liquid feed. If you have green vegetables in your plot, they could do with a nitrogen boost. Earth up potatoes if you

have used blight resistant seed potatoes.

Also keep an eye on your tomatoes either outdoor or indoor for any sign of blight and be careful not to overwater your greenhouse tomatoes.

Soft fruits and tree fruits should be protected from the birds and watch especially for grey mould on your strawberries.

Deal with weeds as you see them before they flower and seed, either by hoeing or weeding, or use a contact weed killer, using only one that is safe for use around pets and presents no danger to children. Today with the need to protect our bee population we may not need to be too hard on some bee friendly weeds.

Remove rose suckers and maintain a watch for black spot and spider mites. Keep watch for greenfly and aphids on your fruit trees, and spray if necessary using organic sprays where possible. In July we will need to keep focussed on garden maintenance and keep to our established routines of weed control and watering. Seasonal fruit can be harvested in July for flavour and freshness. If energy permits you can mulch flower beds to keep in moisture and keep down weeds.

If you wish you can commence planting bulbs for Autumn flowering. Happy gardening.

SIMPLY COOKING WITH MARY O'MAHONY

Hello Friends.

I have been asked to share some of my favourite simple recipes with you in the forthcoming editions, and I hope that you will enjoy trying them out.

CARROT AND CELERY SOUP (SERVES 4)

Cooking Time: 30 mins.

Ingredients:

1½ pts. of chicken stock (use a stock cube) 3 medium carrots, peeled and sliced

1 small onion, chopped 2 Sticks of celery, chopped Pepper and salt to taste.

Method:

Simmer vegetables in the stock until cooked. Liquidise soup and season with pepper. Serve hot, with a blob of cream (if it is on your diet)

TEA SCONES

Ingredients:

8ozs. Self-raising flour 2ozs. Butter or margarine 2ozs Sultanas (optional) 1oz. Caster Sugar

Half-teaspoon of spice 1 egg and a little milk

Pinch of salt

Double these amounts to suit yourself

Method:

Sieve flour, salt, and spice into a bowl, rub butter into flour.

Then add sugar and sultanas.

Add the beaten egg and enough milk to form a loose dough.

Turn on to a floured board and knead slightly.

Flatten out to half inch thickness. cut to shape with a round cutter.

Place on a greased flat baking sheet and brush tops with beaten egg.

Bake in a hot oven at 450 F or Gas mark 8, for about 10-12 mins.

Editor's Note: Sadly, since our last issue, our regular cookery expert Mary O'Mahony, has gone to her eternal reward. She will be greatly missed in our parish and by the newsletter team. Since two thousand and four she has provided us with tried and trusted recipes to delight us, both savoury and sweet. As a tribute we are republishing her very first recipes which appeared in the Spring issue 2004. It contains of course one of her great treats, scones, which were shared with so many neighbours and friends over her lifetime. Ar dheis Dé go raibh a hanam dílís.

Quotations from the Saints on the power of Christ present in the Mass:

St Alphonsus Liguori speaking on the power of the Mass said:

"A single Mass gives more honour to God than can ever be given to him by all the prayers and austerities of the saints, all the labours and fatigues of the Apostles, all the torments of the Martyrs, and all the adorations of the Seraphim and of the Mother of God."

St Teresa of Avila, after her death, appeared to a nun in her former convent and said to her

"I would willingly return to a life of suffering until the end of time to merit the degree of glory which God rewards for a DEVOUTLY said Hail Mary."

St Padre Pio commenting on the power of the Rosary said,

"It is the weapon," i.e the weapon to defeat the Devil and his plans for the ruination of the world. Blessed Alain de la Roche, a 15th Century Dominican preacher, claims that in a vision, St Dominic was told by Our Lady of 15 promises given to St Dominic for those who Devoutly say the Rosary:

Whoever shall faithfully serve me by the recitation of the Rosary, shall receive significant graces.

- 1. I promise my special protection and graces to all those who shall recite the Rosary.
- 2. It shall be a powerful armour against Hell, destroy vice decrease sin and defeat heresies.
- 3. It will cause virtue and good works to flourish, it will obtain for souls the abundant mercy of God: it will withdraw the heart of men from the love of the world and its vanities and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means
- 4. The soul which recommends itself to me by the recitation shall not perish.
- 5. Whoever shall recite the Rosary devoutly, applying themselves to the consideration of the sacred mysteries, shall never be conquered and never overwhelmed by misfortune. God will not chastise him in His Justice, he shall not die by an unprovided death (unprepared for heaven). The sinner shall convert. The just shall grow in grace and become worthy of eternal life.
- 6. Whoever shall have a true devotion to the Rosary shall not die without the sacraments of the Church.
- 7. Those who are faithful to recite the Rosary shall have, during their life and at their death, the Light of God and a plenitude of His graces: at the moment of death they shall participate in the merits of the saints in Paradise.
- 8. I shall deliver from Purgatory those who have dedicated to the Rosary.
- 9. The faithful children of the Rosary shall merit a high degree of glory in Heaven.
- 10. You shall obtain all you ask from me in the Rosary.
- 11. All those who propagate the holy Rosary shall be aided by me in their necessities.
- 12. I have obtained from my Divine Son that all those who are advocates of the Rosary shall for intercessors have the entire celestial court during their life and at the hour of death.
- 13. All who recite the Rosary are my sons, daughters and brothers and sisters of my only son, Jesus Christ.
- 14. Devotion to my Rosary is a great sign of predestination.

P.M.

The North Strand Bombing; Jim Morrison remembers

Eighty years ago, on the early morning of 31st May 1941 the North Strand area of Dublin city was devastated by a German bomb. There is still much debate about why Dublin was bombed, with theories abounding.

In the event, 28 people lost their lives and many more were injured.

Dublin City Council have devoted much time and effort in recapturing memories of that night and preserving and recording oral accounts from survivors and local residents. One of our own staunch parishioners, Jim Morrison, has recorded his account of that fateful night and we are taking the liberty of reproducing his account, given to the DCC archives, on this, the occasion of the eightieth anniversary.



Jim, who was born in Bessboro Avenue, North Strand in 1932 recounts the events of that terrible night in his own words.

"I suppose a big happening in my life was the North Strand bombings. In May '41 we were living in Bessboro Avenue at the time, beside the North Strand cinema, built in 1936 which protected us to some degree. I and two brothers were asleep in a double bed. The noise of the planes wakened us and when the bomb fell on the North Strand, we heard a whistle before the explosions.

We seemed to sense danger as we braced ourselves before the bomb fell. I was nine years old at the time and attending the St Vincent de Paul School in North William Street, very near where the bomb fell.

School was closed for a period as there was damage and traffic restrictions.

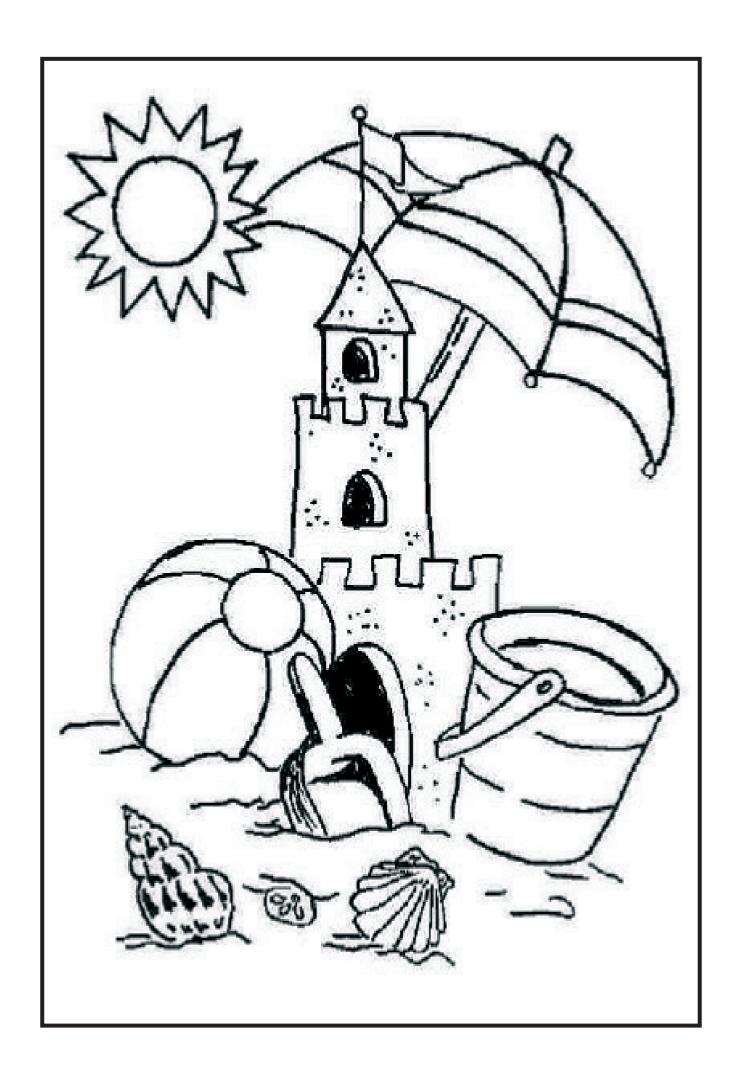
It was a beautiful morning next day and we were up early going around the area, and childlike if we found a piece of waste metal, we would say that's a bit of the bomb. I suppose we were too young to appreciate the seriousness of the situation but young enough to remember.

In William Street Church, St. Agatha's, there were beautiful leaded lights (windows) of Biblical figures on all the windows. They were shattered, and never replaced because it was too expensive at the time. Priests from the Church attended the injured.

The roofs and ceilings were replaced at no charge where we lived. I remember buildings in the aftermath of the damage being pulled down by men tying rope around the chimneys and using a lorry to pull the dangerous buildings down.

Also, a lady who lived in our avenue suggested we all go to Fairview Park as there were no buildings in the park to fall on us. However, in hindsight, I think this was not such a good idea".

Jim's memories were recorded as part of a Fighting Words Writing Workshop on the **Elditth'StNate**:Bombing at Casino Forum Group, Marino, Dublin 3, 17 June 2011



Summer Colouring Competition

Welcome to all our young readers who have loyally entered for the Art competition in our normal Newsletter. To enter this competition, you must print off this page and colour in as usual.

You can either print it directly to your printer or download the page and then print it. The pages are in PDF format and if you can't manage it ask someone in the family to do it for you.

Just colour in the drawing, write your name and address on the back of the page and drop your entries into the parish office at Marino Church, before the 16th. July 2021.

Please do keep entering as it a great encouragement to our judges and our editorial team, when we see so much young talent and interest, especially as our newsletter is on the web for the time being.

Gift tokens for the winning entries. The upper age limit is 12 years. Results published in the next newsletter, and the judges' decision is final.

In line with Child Protection Policy please do not give children's mobile phone numbers.

We also leave out house numbers in the publication to maintain. anonymity

1st prize: Isabella Wusu. Second prize: Sadbh Breen

Joint third Prize: Saoirse Breen, Orla Collins and Ria Hobbs Closing date for the next Competition is 16th July 2021



MARINO MINI MARATHON: SUNDAY JUNE 6th:

(We cover two laps of Griffith Ave) In aid of,•MARY'S MEALS CHARITY (1.6 million hungry are fed daily, worldwide).

PLEASE SUPPORT THIS VERY WORTHY CHARITY. Every € donated goes to the charity.

Cash, Bank Drafts & Cheques (made payable to MARYS MEALS) may be given, hand delivered or posted to; Lorraine Doran, 10 Shelmartin Tce., Marino, Dublin 3 All monies gathered will be sent collectively to the charity. "As long as you did it to the least of my brothers and sisters YOU DID IT TO ME" (Jesus)