LOOK

Sunday 8 March 2026
3rd Sunday of Lent
John 4:5-42

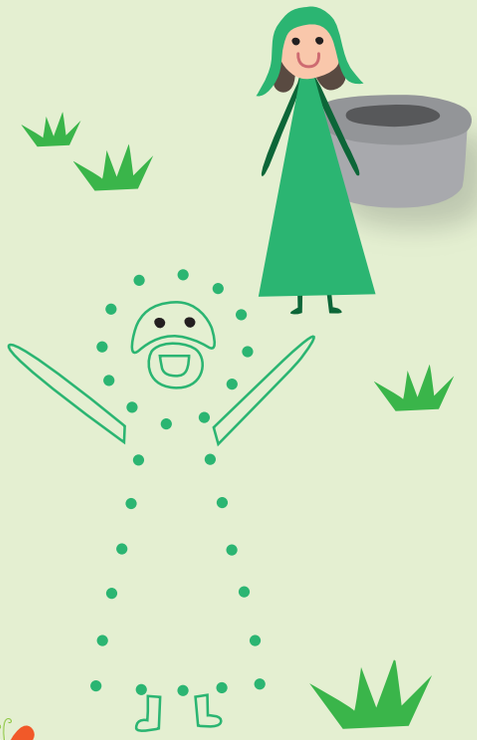
In the GOSPEL TODAY

Jesus meets a Samarian woman drawing water from a well. He tells her that he will give her living water and she will never be thirsty again.

LIVING WATER!

Jesus is the Messiah

The woman at the well does not see at first that Jesus is the Messiah. The Messiah is the one who would come into the world to help people know God better. Can you join the dots so that the woman can see Jesus clearly?



Puzzle

There are **15** differences between these two pictures of Jesus talking to the woman at the well. Circle each one, then colour the pictures.

Come and play

The woman at the well was left out and alone until Jesus came along. Jesus wants everyone to be included. Help these children find their way to Leo, so they can ask him to play with them.

Find a path by starting at **1** and counting to **15**.

	1	2	6	15	10
9	6	3	5	14	9
3	5	4	9	11	12
4	6	3	12	13	10
8	7	10	11	14	15
2	8	9	6	10	12

Come and see the Messiah

The woman was so amazed by Jesus that she returned to the town and told everyone to go to meet him. Can you help the people find Jesus by the well?

A PRAYER TO SAY

Thank you, Jesus, for knowing everything about me and loving me no matter what! Amen.

Answers: Differences: woman's forehead, folds on both arms, fingers, hem fold, inside jar, handle on jar, 3 stones, no stone on left of wall, shading on stone, Jesus' eyebrow, fastenings, fold on knee, sandal strap, 3 blades grass

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