



Sunday 9 August 2026
19th Sunday in Ordinary Time
Matthew 14:22-23

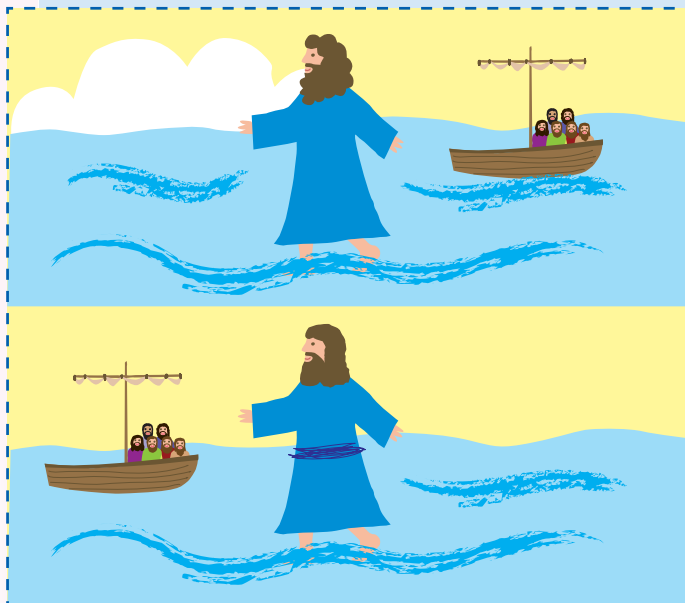
In the GOSPEL TODAY

TRUST!

Jesus walks on the water to the disciples in their boat. Some of them are scared. Peter sets off to walk to Jesus, but then he gets scared too and starts to sink. Jesus reaches out his hand and saves Peter. Jesus does not want anyone to be afraid.

Helping hands

Jesus held out his hand and saved Peter from sinking into the lake. Our hands help other people too. Inside this hand write or draw some of the ways you can use your hands to help.

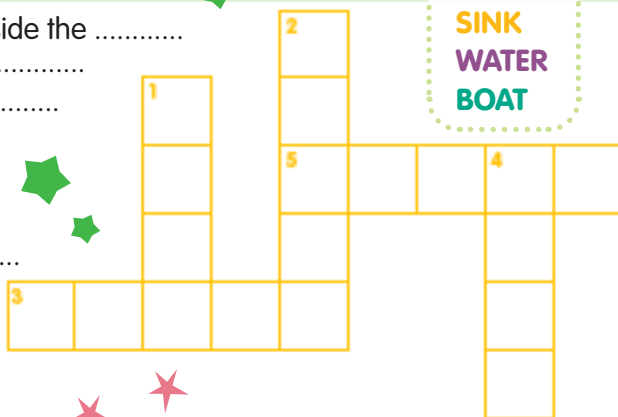


Spot the difference

The disciples looked very carefully before they recognised Jesus walking towards them on the water. If you look carefully at these pictures of Jesus you will find five differences. Where are they?

Crossword

1. The disciples were inside the
2. Jesus walked on the
3. The disciple called walked to Jesus
4. Peter was scared and began to
5. We can always Jesus to be here for us.



TRUST
PETER
SINK
WATER
BOAT

Water Maze



Can you help
Jesus walk on
the water to the
disciples?



A PRAYER TO SAY

Help me, Jesus, to trust in you. I know you are always with me. Help me to feel strong and safe. Amen.

Answers: Spot the differences: position of the boat, cloud, belt, number of waves, curly hair.